



# RIPPLE

A KHUSHII E-NEWSLETTER | October – December, 2018



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# CELEBRATIONS

## KHUSHII STUDENTS CELEBRATE CHILDREN'S DAY WITH ZEST

Fun and games abounded at the Children's Day celebrations of Prathmik Bal Balika Vidyalaya, L Block, Sangam Vihar, New Delhi. KHUSHII, which supports the school with its Shikshaantra Plus

programme, organised the activities ranging from spoon, sack and three-legged races to a painting competition titled 'Fun with Colours'. Besides children, the participation of teachers and support staff made the

event more memorable. Mr Bhagwan Dass, principal of the school, expressed his appreciation for KHUSHII's initiative in his address and also distributed prizes to the winners.



## KPMG BENGALURU CELEBRATES CHRISTMAS WITH OUR CHILDREN



To enhance the aspirations of young minds, KHUSHII facilitates the engagement of its children with employees from the corporate sector. During the Christmas celebration, over 60 students from Government High School, Thanisandra, Bengaluru, visited the city office of KPMG. Not only did the children spend a joyous Christmas there but their interaction with employees gave them a vision of where they would like to be in the future.



## CHILDREN'S PARTICIPATION ADDS FERVOUR TO CHRISTMAS CELEBRATION

A team from Delhi Bible Fellowship made Christmas more joyful for students of KHUSHII Swatantra Shikshaantra School, Devli, New Delhi. The children enjoyed a skit presented by the visitors and also relished the chocolates gifted by them. The students also created colourful masks of Santa Claus as part of the celebrations.



## ACHIEVEMENTS



### KHUSHII SHIKSHAANTRA CHILDREN BAG SPORTING LAURELS

With the objective of nurturing young sporting talent and promoting healthy lifestyles, KHUSHII facilitates the participation of children in various sports and games. On Children's Day, students of KHUSHII Shikshaantra schools participated in 'Run for Children 2018', an annual race organised by NGO Prayas in New Delhi. While Ritesh stood first in the 16-year-old category, Ravi and Ankit bagged the first and second positions in the 14-year-old group.



## INFRASTRUCTURE SUPPORT

### KPMG GIFTS ECO-FRIENDLY PLAYGROUND TO STUDENTS

A major focus of KHUSHII's Shikshaantra programme is improving government school infrastructure to support better learning and development. KHUSHII, in partnership with KPMG, created an alternate playground in Government High School, Thanisandra, Bengaluru, much to the delight of the students.

The school had a common playground for both high school and primary school students. But the ground was more of a garbage dump than a sports field. The younger children generally used it

after school, presenting a cause for worry among parents. First, the children would return home late after playing and secondly, the garbage posed a health challenge.

KHUSHII appointed Anthill Creations, a specialist in the field, to create a playground in an alternate site. Using old tyres and recyclable materials, the new playground enhances children's safety while promoting sustainability.

BEFORE



AFTER



## KHUSHII'S MENSTRUAL WORKSHOP ADDRESSES PUBERTY EDUCATION IN SCHOOLS

Every year, thousands of new girl students attain puberty but education on managing menstrual hygiene is almost non-existent in school curriculums. To address this vital subject and encourage girls to stay in school, KHUSHII conducts menstrual awareness workshops in various schools.

On November 30, 2018, KHUSHII organised a workshop at its Shikshaantra school in Devli, New Delhi. Over 120 girl students from classes IV to X learned about menstruation and the reason behind it. They understood the importance of proper use and disposal of sanitary materials, adequate body cleaning, and suitable diet during menstruation. Stigmatisations and myths associated with periods were also discussed. The workshop was valuable for the students, especially for girls who have not attained menarche. They will now be able to handle various physical changes they will undergo in future.



## KHUSHII CELEBRATES GLOBAL HANDWASHING DAY WITH CREATIVE ACTIVITIES

Handwashing is a small action that can have big benefits for children. Keeping this in mind, KHUSHII celebrated Global Handwashing Day in its intervention school in Sector 47, Gurugram. The activities, ranging from 'potato slicing' to 'glitter

handshake', were aligned to the global theme of 'Clean hands - a recipe for health', focusing on the link between handwashing and food. Over 1,450 students from Classes II to VIII participated in the celebration.



## CHILDREN LEARN THE BENEFITS OF ACTIVE LIFESTYLE AT HEALTH CAMP

To inculcate healthy habits among children, KHUSHII organised a General Health and Awareness Camp for 160 girls of Class VI studying in Government Girls Senior Secondary School, NIT 3, Faridabad. The camp commenced with a discourse, led by Dr Anita Sharma from JIVA Ayurveda, on general health and hygiene. She stressed on the need for maintaining an active lifestyle and sleeping habits, and demonstrated the proper technique of handwashing. A counseling session and health check-up followed the discourse.



## KHUSHII RAISES AWARENESS ABOUT HIV ON WORLD AIDS DAY

On the occasion of World AIDS Day, KHUSHII took the initiative to raise awareness on the AIDS pandemic along with doctors of Rajiv Gandhi Cancer Institute, New Delhi. An awareness camp was organised at Mukundpur to enlighten community members about the disease and how to recognise its symptoms and occurrence, in keeping with the theme 'Know your status'. Red ribbons, the universal symbol of awareness and support for people living with HIV, were distributed at the venue along with pamphlets. The event saw active participation from frontline healthcare workers, doctors, local leaders and community members.



## KHUSHII HELPS MUKUNDPUR GO GREEN WITH 'NEWSPAPER BAGS'

In an effort to help eliminate the use of plastic bags in Mukundpur, Delhi, KHUSHII organised a workshop on making paper bags with newspaper, in December 2018. The workshop was attended by the residents of Mukundpur, members of KHUSHII-supported Self Help Groups (SHG) and adult education beneficiaries. The participants are determined to cease the use of plastic bags and pledged to influence shopkeepers in doing the same. The bags, featuring contact details of the SHG, will also be distributed in the locality so as to help generate sales and income for the SHG.



## EMERGING PARTNERSHIP



AccorHotels has partnered with KHUSHII to support the Complete School Transformation Programme, Shikshaantra Plus, and ensure Quality Education and Infrastructure Upgradation in government schools.



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