



RIDDLE

A **KHUSHII** NEWSLETTER

July - September, 2019

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CORPORATE ENGAGEMENTS

Children spend a very constructive time of their day in school, therefore it becomes very critical to have resources that enrich their learning experience. We have been very fortunate to have partners who also share a similar outlook.



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COMMITTED FOR SOCIAL CHANGE - KPMG TEAM

Our association with KPMG team has grown stronger in this quarter. It has been decided that the 2nd Friday and Saturday of every month will be dedicated to the employee engagement at intervention school in Thanisandra, Bengaluru.

In this quarter, special emphasis has been given on sports, hence a football match was organised between students and employees every month. KPMG is committed to help students of grade 6th to 9th in the sport. Also on 20th July 2019, students of Grade 4 were engaged in various activities such as storytelling, learning language, performing arts, general knowledge sessions etc. This indeed, have been a great learning experience for our children.



ANOTHER YEAR OF PARTNERSHIP WITH IGL

We are delighted to receive an extension of support from Indraprastha Gas Limited for 2,000 children in MCD Prathmik Bal-Balika Vidhyalaya, Mukundpur, Delhi under the Shikshaantra Plus programme. On 26th August, the agreement was signed at IGL Bhawan, Delhi in the presence of senior officials from both IGL and KHUSHII. Mr. Amit Garg, Director (Commercial) signed the MoU on behalf of IGL in the presence of Mr. Amandeep Singh, Chief General Manager - Corporate Communication. On behalf of KHUSHII, Ms. Aanchal Singh, the Executive Director and Mr. Harish Gosain, Head Corporate Partnership were present on the occasion.

This is the third year of our association, we hope for the continued support.



A REWARDING ENGAGEMENT WITH UPS

On 30th August, the United Parcel Service (UPS) team engaged with students of Swatantra Shikshantra at the Devli, Sangam Vihar in Delhi. 50 volunteers came to the school and conducted various activities with students including sessions on Health, Hygiene, Art, Basic Mathematics for the Grade 1 to 10 students. They also distributed refreshments to children.



WHEN LEARNING BECAME FUN

On the 31st Aug 2019, A.T. Kearney India conducted an employee engagement activity at Government Model Senior Secondary School, Bhondsi in Gurugram. The team engaged with 120 students of Grade 7 on many science concepts. Such was a session on Heat, where the students were explained about the difference between conduction and convection through demonstrations and discussion.

The sessions were very interactive, where students were encouraged to ask questions and share their observations. Thanking A.T. Kearney for the fulfilled day of learning!



5th September, on the occasion of Teachers Day, KHUSHII had the Telstra Careers team over to the intervention school in Varthur, Bengaluru.

On the day, many activities were organized where both employees and children were engaged in conversations which surely established the connect. The team presented the school an RO system and mini library with books. Additionally, employees together with children planted 50 saplings symbolizing a great start of this new relationship. As a token of respect, teachers were given gifts by the Telstra team. KHUSHII is thankful to Telstra and hoping for long-term association.



NEWGEN'S PARTICIPATION IN STAKEHOLDER WORKSHOP

Newgen Software Technologies Limited and KHUSHII came together in the month of August and signed an agreement to implement Shikshaantra Plus programme in Govt. Primary School in Harkesh Nagar, Okhla, New Delhi. This partnership is benefitting approximately 2,800 children in the school. This collaboration has enabled the process of complete school transformation to empower children from poor and marginalized communities leading to improved life of dignity through education.

On the 13th September, a Stakeholder workshop was organised in the school with the participation of school staff, Newgen employees, Department of Education officials and KHUSHII staff. The aim of the workshop was to bring all the stakeholders together and share the objectives of the programme and expected outcomes. The esteemed guests present at the event shared their thoughts and future plans. The enthusiasm of the Newgen team was very heartwarming, as they motivated the KHUSHII team and assured the continue support.



EDUCATION

Bringing insights from Swatantra Shikshaantra and Shikshaantra Plus programmes highlighting activities with our children



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WORLD POPULATION DAY

On 11th July 2019, World Population day was celebrated at all KHUSHII interventions schools across India. Teachers used this opportunity to initiate discussions on the population explosion and its consequences on food and water shortage, pollution and social conflict and depletion of natural resources.

Post these discussion, teachers motivated the students to create posters with slogans on the issue. The students at Swatantra Shikshaantra centre in Devli also organized a rally to spread awareness on the Population related challenges. Overall the children enthusiastically participated in activities and actively engaged to spread the message in their community and homes.



SHIKSHANTRA PLUS NEWSPAPER

With an intent to build analytical skills, art and creative expressions in children, on 1st August, Shikshaantra plus teachers at the K-2 Sangam Vihar, Delhi produced a newspaper. The students used distinctive ideas of listing the activities and latest upcoming events of the school. They prepared stories on the same and designed the newspaper.

The students were really excited to prepare and read through the stories they covered. This activity helped them improve their grammar, storytelling, writing, and reporting skills. Working on this task, has improved the habit of newspaper reading, resulting in increased awareness on current affairs and world news.

CELEBRATING THE 73RD INDEPENDENCE DAY

This 73rd year of Independence was celebrated in August with great enthusiasm across all KHUSHII intervention schools. Students performed cultural activities such as song, dance and plays on patriotic themes and local cultures of India.

The significance of Independence day and the sacrifices of the various freedom fighters was remembered at all schools to make children aware of the struggle for independence.



KHUSHII FOR ENVIRONMENT

KHUSHII stands for the environmental concerns and does its best in involving children to take the agenda of greener tomorrow.

In the reporting period, two major activities were conducted with children where the significance of tree plantation, their upkeep and care was shared. On 8th August, a plantation drive was organised in Government Primary School in Rajpura, Rewari. This is a little contribution towards achieving the Environmental goal of becoming a community of environmentally-minded thinkers. Another activity was organised on the occasion of Raksha Bandhan on the 14th August. It was celebrated in a unique way where students made rakhis and tied them to plants and trees taking the pledge to protect them and nurture them with great love and care in future. The unique name given to this activity was "Vrikshabandhan".



MENSTRUAL HYGIENE AWARENESS WORKSHOP

As menstruation is a natural part of the reproductive cycle, it has been seen as a taboo in our society. Many girls are still deprived of basic amenities at home and school to manage their menstruation.

On 29th August, Menstrual Awareness workshop was conducted by KHUSHII in the Govt. Girls Senior Secondary school at NIT-1 in Faridabad. Total of 65 students participated in the workshop. During the session, safe menstrual hygiene practices were suggested such as use of sanitary napkins, personal hygiene, disposal of sanitary napkins, dietary habits etc. to enable them to lead a healthy life.



TRAINING ON POCSO ACT, 2012

The Protection of Children from Sexual Offences Act (POCSO Act) 2012 was established to protect the children against offences like sexual abuse, sexual harassment and pornography.

Considering the significance of POCSO and educate teachers on the act, KHUSHII organised a workshop with teachers in 3 intervention schools at Faridabad and Sangam Vihar in the month of September. These full-day workshops were jointly facilitated by National Counselor of KHUSHII along with a professional trainer. It covered various aspects of the Act such as salient features, punishments of offence, duties of the police, and provisions related to conduct of trial of reported offence. Total of 40 teachers participated in these workshops.



SHIKSHA AUR VIKAS

Making the community more aware, smarter and empowered



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MENSTRUAL HYGIENE AWARENESS PROGRAMME

Under the Shiksha aur Vikas programme, monthly awareness workshops on Menstrual hygiene management were conducted in the intervention communities of Delhi (Mukundpur), Mumbai (Bandra) and Bengaluru (Thanisandra). Anganwadi workers and ANM facilitated the workshop with KHUSHII trainers. These workshops witnessed the participation of 1,000 women and girls. The aim of the workshop was to make participants aware about the various hygiene practices to be practiced during the menstrual period. The significance of using sanitary napkins instead of cloth and personal hygiene and disposal of sanitary napkins were the main points of discussion.

Additionally, in Mumbai, Shamaji Rajee Bachat Ghat (SHG) members were given the training of making sanitary napkins by Brihanmumbai Municipal Corporation (BMC). The training included the methods of preparing low-cost sanitary napkins so that it could be made available for women at minimal cost. Further, a sanitary napkin machine was allotted to these 10 members for livelihood.



IN SOLIDARITY WITH UNICEF BREASTFEEDING WEEK

First week of August is observed as the breastfeeding week by UNICEF worldwide. The awareness week is not only for maternal and child health but also served as a platform to enable mothers to breastfeed in public places.

KHUSHII organised a workshop with 40 lactating mothers in an Anganwadi centre of Thanisandra, Bengaluru on promotion of breastfeeding for better health and growth of infants. Additionally, since there is a sheer requirement of making public places enabling for mothers to comfortably and safely breastfeed their children. KHUSHII also posted awareness material on social media platforms to normalise the act of breastfeeding in public and advocating for creating safe places for mother and children for the same.



SHGs ON THEIR WAY TO SELF SUSTAINABILITY

On 20th August, 17 SHGs in Thanisandra, Bengaluru and Bhiwadi, Rajasthan started their journey of financial independence through the production of eco-friendly bags. These bags were made for HCL Foundation and SNS Enterprises. It was a great achievement for these young women as they had completed the order in time and improved their skills at the same time. Over 25 to 30 trained beneficiaries were paid for the labor they put in the task.



EARLY STIMULATION OF CHILDREN UNDER 6 YEARS AT THE ANGANWADI CENTERS

At present, regular educational classes along with the interactive activities are taking place in 2 Anganwadi centres of Bengaluru and Rewari. Resulting in increase of 10% and 30% enrollment and regular attendance of students respectively in pre-school.

Activities including hand wash, art and craft, dance, poem recitation etc. have been initiated to maximize the interest of the children in Anganwadi centers to prepare them for formal schooling. These activities enhances the early stimulation of children under 6 years and focuses on developing sensory-motor skills and the social development of the child. Children have now inculcated the habit of sitting in class and participating in the activities in the classroom.



GENERAL HEALTH CAMP ORGANIZED IN MUMBAI, REWARI, BENGALURU AND DELHI

In Mumbai, multispecialty health camp was organized in association with the Sanskar Seva Sansthan. Total 108 community members screened for Diabetes, Eye, Ear and BP related medical problems. 62% of the patients identified with diabetes and referred for further screening.

In Sangam Vihar, Delhi conducted two general health camps in association with Max Hospital. The aim of the health camp was to administer health assessment, spread awareness and provide counselling. 208 community members participated and diagnosed for fever, cold and eye related problems. 40% of patients treated for fever and cold. Free medicines were distributed.

In Bengaluru, Nutrition camp was organised. Out of 105 women participated, 80% of them found anemic. The camp was organized to specifically deal with the anemic women and educating them on preparing nutritious food at home. Cancer awareness and detection camp was conducted in Manav Kunj Aaganwadi Centre out of total 120 screened people 6 were found positive and referred for further consultation.

Around 220 people participated in the health camp in the Rewari. Such camps are organized every month to assess the health status of women and adolescents in the area. During these camps, women with low hemoglobin count were advised by the doctor to have a iron and protein rich diet.



STAKEHOLDER MEETING ON BASIC HEALTH ISSUES

On 9th August, a stakeholder meeting was organised to bring participants from diverse backgrounds on a common understanding of basic health issues prevailing in the community of Mukundpur and to design a road map towards integrated effort on improving basic health scenarios in community.

There were about 16 representatives from various nodal Government Department including Department of Health, ICDS Rajiv Gandhi Cancer Hospital, Rotary club, School, members of Self Help Group and Mahila Mandal. The major outcomes from the sessions were:

- Strengthening Immunization rate in the area
- Assistance in current No Scalpel Vasectomy program
- Escalating Institutional delivery by referring cases to hospital
- Mass awareness on Menstrual Hygiene
- Awareness on Sanitation



NATIONAL NUTRITION WEEK

National Nutrition Week was celebrated from 1st to 7th September in KHUSHII's Education and Community Development interventions in Mumbai, Delhi, Rewari and Bengaluru. The objective of the activities was to promote good nutrition and health behaviors among community members specially to children and women.

Over more than 500 members including Pregnant and Lactating mothers, Adolescent girls, women and children educated on the nutritional deficiency like **Iron deficiency, Iodine deficiency, Vitamin D, calcium etc.** To make the celebration significant 15 community meetings, 02 rallies (1 in Mumbai and 1 in Rewari) were organized.





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