



# RIPPLE

A **KHUSHII** NEWSLETTER

October - December, 2019

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## CORPORATE ENGAGEMENTS

Partners in change...



## CYBER SAFETY AWARENESS BY KPMG GLOBAL SERVICES PVT. LTD.

Volunteers from our partner KPMG Global Services Pvt. Ltd. facilitated cyber safety awareness sessions for 370 children in two intervention schools in Bengaluru and 3 schools in Faridabad on 18th October. These sessions were conceptualised and conducted by volunteers with support from KHUSHII teachers working in these schools. It was indeed an opportunity for our children to clarify their doubts about the cyber space and understanding the risks they are vulnerable to. The tips shared during the sessions will surely come handy to tackle cyber bullying.



## RALLY FOR AWARENESS ON PEOPLE WITH SPECIAL ABILITIES

On 24th October 2019, KHUSHII in association with Flex Ltd. organized awareness and sensitization sessions around acceptance of people with special abilities in intervention school in Hebbagodi, Bengaluru in Karnataka. The Flex team planned the sessions in advance for teachers and executed the session very well. 200 participants including children and teachers and 30 volunteers from Flex Ltd. participated in the session.





Along with sessions in school, a rally was also organized in the nearby community, where children displayed posters and banners to raise the awareness.

We thank each volunteer from Flex for their active participation and choosing us to spread the word on the cause.



## ENGAGEMENT WORTH REMEMBERING BY MACQUARIE

On 28th November, 80 volunteers from Macquarie Group Limited visited the KHUSHII Swatantra Shikshaantra school in Devli, Sangam Vihar in New Delhi. This was a special visit for two reasons – firstly these volunteers had come to see us for the first time and secondly it turned out to be an opportunity for 240 children in the school to engage in meaningful discussions and fun

activities with the volunteers.

Macquarie team along with children took part in activities such as sapling plantation in the school garden, collage making, mask making and wall painting etc.

We hope this bond will grow stronger in the coming months.



## SANDHAR FOUNDATION VISIT

On the 2nd December 2019, Col. J.K. Dhanda (Corp. ADM, Sandhar) & Mr. Omkar (Manager, Projects, Sandhar Technology) visited the intervention school in NIT 1 in Faridabad. Ms. Meeta Misra, Deputy Director KHUSHII facilitated the visit along with the programme coordinator in the school.

During the visit, Col. Dhanda appreciated the newly developed kitchen garden and work done for improving the environment in the school. He further reviewed the academic

progress of the students in Hindi, English and Computer subjects and interacted with teachers. During the visit, he also visited the STEM lab where students were learning the concept of sound sensors. Few students demonstrated experiments in front of him.

Thanking Sandhar Foundation of their constant support and encouragement. It has been a guiding light for pursuing holistic development of our children.





## KAPIL DEV INTERVIEW AT 92.7 BIG FM

Extremely excited to share that Mr. Kapil Dev, Chairman of KHUSHII participated on a Radio show on 92.7 Big FM with RJ Jassi. Along with him, 5 students from KHUSHII also got an opportunity be a part of environmental awareness campaign “Hawa Tight Hai” to combat the issue of dangerously increasing air pollution in Delhi.



The show was broadcast on 3rd December. During the show, Mr. Kapil Dev talked about the rampant air pollution and its ill effects on the present and future generations to come. He addressed children directly by appealing to adopt healthy eating habits.





## EDUCATION

Our endeavour to build a better future



#BeTheChange  
#BeTheKhushii

## FIT INDIA MOVEMENT ON GANDHI JAYANTI

The #FITINDIA Movement was launched on the 29th August 2019 it's a nation-wide initiative to encourage people to remain healthy and fit.

On the occasion of Gandhi Jayanti (150th birth anniversary) on 2nd October, KHUSHII team working in Govt. Primary school of K-2 block in Sangam Vihar organized a rally supporting the initiative.

A total 20 teachers including Govt teachers and KHUSHII teachers facilitated the rally in the Sangam Vihar area to spread awareness among people and children about the bad effect of plastic bags and plastic equipments to make them aware with the healthy life style to stay fit.



## GLOBAL HAND WASHING DAY

The Global Handwashing Day on the 15th October, was celebrated across 30 intervention schools in 10 states to mark the importance of cleanliness and hygiene.

This day holds a great significance for us as WASH is an integral part of the Shikshaantra Plus programme. Under the intervention, KHUSHII not only institutionalize WASH

facilities in schools but also works on introducing children to safe WASH related habits through Behavior change communication (BCC). We approach it with an aim to inculcate healthy habits for life for children. The institutionalization of WASH infrastructure in schools has contributed in improved retention and attendance in school.





## TOWARDS IMPROVING HEALTH THROUGHOUT OUR INTERVENTIONS

In the quarter, under the Shikshaantra Plus intervention, 13 health camps were organized by KHUSHII in all the 10 schools benefitting 3000 children throughout the last quarter.

The aim of the health camp was to administer health assessment, spread health awareness and provide health counselling. These camps include eye checkup, dental checkup, general health check up in which body weight and height was assessed.

These health checkups and eye checkups facilitated children with an opportunity to discuss their health issues with the visiting doctor. This is a prime example of how the community can be served appropriately if there is a will.



## CHILD RIGHTS AWARENESS CAMPAIGN

December month was dedicated to Child Rights, hence KHUSHII ran a Child Rights awareness campaign in 2 Schools in Sangam Vihar namely Divine Public School and Adarsh Public school. Total of 1,350 children from both schools benefitted with the

sessions. The sessions were made interesting through small group interactions and drama play on Child Labour and Right to Education.

Additionally, during the 10 days awareness sessions were organised in the community 5,350 children were reached.



## KHUSHII PARTICIPATED IN DISCUSSION ON COMPLETION OF 30 YEARS OF UNCR

On 19th November, 15 girl students from Swatantra Shikshaantra school in Devli, participated in a Panel Discussion organized by UNICEF at Doordarshan Studio. The title of the discussion was "Bachpan Ka Bhavishya" (The future of childhood) which

was organized to mark the 30th anniversary of the CRC.

Our students represented the children of our nation and interacted with the panel to put up pertinent questions on Child Rights in India.



## CHAMPIONS OF KHUSHII

Our student J Meghna from Government High School, Yousufguda, in Hyderabad, Telangana won the state level first prize in elocution for the competition conducted by women and child welfare department of Telangana state on the topic Girl's Education under the scheme Beti Bachao Bachao Beti Padhao organized on the 4th Dec 2019.

She won the prize money worth INR 5,000. This student has always been very proactive and intelligent and has now made us all proud on her.



## Diwali

With an aim to celebrate safe and green Diwali this year, KHUSHII teachers across all schools took sessions with children to encourage them to not fire crackers and be sensitive to mother nature. Our children voluntarily took a pledge to curb air pollution through the small gesture.





## SHIKSHA AUR VIKAS

Building future holistically...



#BeTheChange  
#BeTheKhushii

## ANC, PNC AWARENESS SESSIONS WITH WOMEN GROUP AT MUKUNDPUR, DELHI

On the 3rd Dec, KHUSHII facilitated a workshop in Mukundpur to benefit community women on ANC and PNC. Representatives from Anganwadi centers and health Department Delhi facilitated a group meeting cum workshop where 200 women participated.

Through the workshop these women were informed about the correct way of feeding a child, benefits of breastfeeding, routine immunization, benefits of iron folic tablets consumption during pregnancy and other necessary child care giving information for during and post pregnancy.



## FINANCIAL LITERACY TRAINING OF SHG

On 15th October, Financial Literacy training was organized by Canara Bank for Samadha Group, SHG members of 48 members created by Shiksha Aur Vikas project in Bengaluru participated in the training.

The training included awareness on SHG formation, loan facilities/schemes in banks, information on rate of interest, repayment of bank loans, opening Jan Dhan Yojana account and other social security schemes.

Another highlight of the SHG group members towards financial independence was completion of order of decorative items; two groups name Anjali Group and Ambabhavani group comprising of 10 members each completed an order of 2000 pieces of decorative items. This achievement has further motivated the group members for more productivity.





## AWARENESS ON PRADHAN MANTRI MATRU VANDANA YOJANA

In Bengaluru, 30 women members of Amba Bhavani SHG participated in a training organized by a senior doctor from Hegde Nagar primary Health Care Centre, the training was facilitated under the Pradhan Mantri Matru Vandana Yojana on the 4th Dec 2019 at Bharat Nagar, Centre, Bengaluru.

Out of 30 participants, 6 pregnant and lactating mothers present registered themselves in the scheme. They were further explained about the benefits of the scheme.

During the session, not only the health practices were discussed but also the registration in the scheme and detailed benefits of the scheme were discussed.



## SKILL DEVELOPMENT THROUGH KALA PROJECT

1. In the month of October 2019, KHUSHII partnered with TRRAIN - Trust for Retailers and Retail Associates of India to train 18 women and girls from Mukundpur to work in Retail under their TRRAINHer Ascent program.

2. Jan Shikshan Sansthan, Bengaluru partnered with KHUSHII to support tailoring unit in Thanisandra, Bengaluru under the Shiksha aur Vikas project. Annually, 60 women will be trained in the skills of tailoring and post completion of this 6 months course, these students will be employed at the appropriate workplace.







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For any queries or suggestions,  
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