



A KHUSHII NEWSLETTER

April - June, 2018

“To inspire is
incredible”

Ripple...

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Stories

...with a ripple effect

"Beat Plastic Pollution", the theme for **World Environment Day'18**, urges Government, industry bodies, communities, and individuals to come together and explore the alternatives and minimise the production and excessive use of plastic, which are polluting our oceans, damaging marine life and threatening human health. India was the global host of 2018 World Environment Day which took place on June 5, 2018. This day was widely celebrated in KHUSHII to bring about the awareness of nurturing the green as a School to Community initiative:

- In our Seelampur school, on the occasion of Environment Day, a plantation drive was organised where students individually planted saplings and were assigned to water their plant regularly. Along with the KHUSHII team, a volunteer from Royal Bank of Scotland, a long standing corporate partner of KHUSHII, was present to encourage the children. Students enthusiastically participated in all the events and had a very fruitful interaction with the team-members of RBS where they were made aware of many environmental issues focused mainly around plastic.
- Government Primary School, Another KHUSHII intervention at Harchandpur in Bhiwadi, organised a rally which was carried out by the community women on harmful usage of plastic. They spread awareness in the community on how plastic is a non-biodegradable item. This mass mobilization was a significant step towards influencing behaviour change in Harchandpur.
- With India being the global hosts for the World Environment Day, KHUSHII's children aligned with the theme of "Beat Plastic Pollution" and urged the Government, for-profit organisations, communities and individuals to reduce the excessive use of plastics, which is causing life threatening damage to entire eco system.
- In Government High school at Thanisandra in Bangalore, Team KHUSHII ushered the day with an interactive session with the students on environment conservation and discontinuing the use of plastic in daily life. They were taught about the importance of a neat and clean environment and how they can take certain measures to keep their locality clean.
- With support from ThoughtWorks technology, a cleanliness drive was organised at the Government High School, Varthur in Bengaluru where more than 150 students participated to create a Plastic free environment and increase conservation awareness. They went beyond merely discussing environmental issues with the students to actually involving them in implementing conversational measures by assuring student participation in the cleanliness drive. Volunteers from ThoughtWorks conducted a discussion on the importance of a clean surrounding and facts on Washing hands with soap at critical times – after using the toilet, before eating and preparing food – reduces the incidence of diarrhoea.



Stories

...with a ripple effect

International Yoga Day

International Yoga Day is celebrated annually on 21st June. Our Prime Minister stated that yoga has become the biggest mass movement and it has shown the world the path from illness to wellness. Yoga is an invaluable gift of India's ancient tradition where it embodies the unity of mind and body, thought and action, harmony between man and nature and a holistic approach to health and well being. With high spirit, the KHUSHII team marked this day by celebrating Yoga at different centres.

- Under the Swatantra Shikshaantra programme in Devli, KHUSHII collaborated with "Go Spiritual India" to celebrate this day with over 300 students. The main aim was to raise awareness and kindle a passion for fitness and Yoga among students. They were educated about various 'asanas' and were also motivated to make Yoga a part of their daily routine to stay fit and healthy.
- Intensifying the celebration were 550 children and community women from Bhiwadi performing breathing exercises and asanas for relaxation, increased flexibility and increased muscle strength.
- In Bengaluru at our Thanisandra school, we invited Mr Yogesh, a renowned yoga teacher for a talk highlighting the importance of yoga in a students life. The main attraction of the day was the performance of Suryanamaskar for which coordination of Body and Mind is very important.



Teach The Trainers

One of KHUSHII's esteemed partner, United Way Delhi under the **Swatantra Shikshaantra programme** in Sangam Vihar organised the following camps:

- With support from UWD, a special 3-day computer workshop was organised in April where the teaching staff were educated on various aspects of software installation & uninstallation, printing & scanning and basic shortcut keys on Windows 10 which the staff can inculcate in their teaching capacities.
- A session on life skill training was organised by UWD for the teachers where they discussed certain topics like Nutrition, Leadership, Good communication and Planning for goals.
- KHUSHII & UWD in collaboration with the Government school teachers organised a teachers training program on effective use of teaching learning material under The Mission Buniyaad program.

Mumbai Activity

Supported by Bajaj Foundation, Study Skills workshop was conducted at Bandra Petit Municipal School in Mumbai on 22nd April 2018. Total 710 students from entire school attended this workshop. Session delved in building confidence among students, managing stress and shared tips of effective preparation for examination. Students learned about the role of time management, self-study in achieving success in education.



Exposure Visit

On 4th April 2018, 100 children from Mukundpur under Shikshaantra Plus were taken to Kidzania at Noida for an exposure visit. Kidzania is an interactive indoor theme park that inspires and educates kids through real-life role-playing activities. Built like a city with battery operated cars, buildings, a functioning economy and its own currency, Kidzania provides an authentic entertainment and development platform where kids can discover, explore and learn about the real world. They were very happy to be a part of this experience, as it was not only about role-playing but through that a whole new set of learning which helped to develop their cognitive skills, improve their logical thinking.



Mission Buniyaad

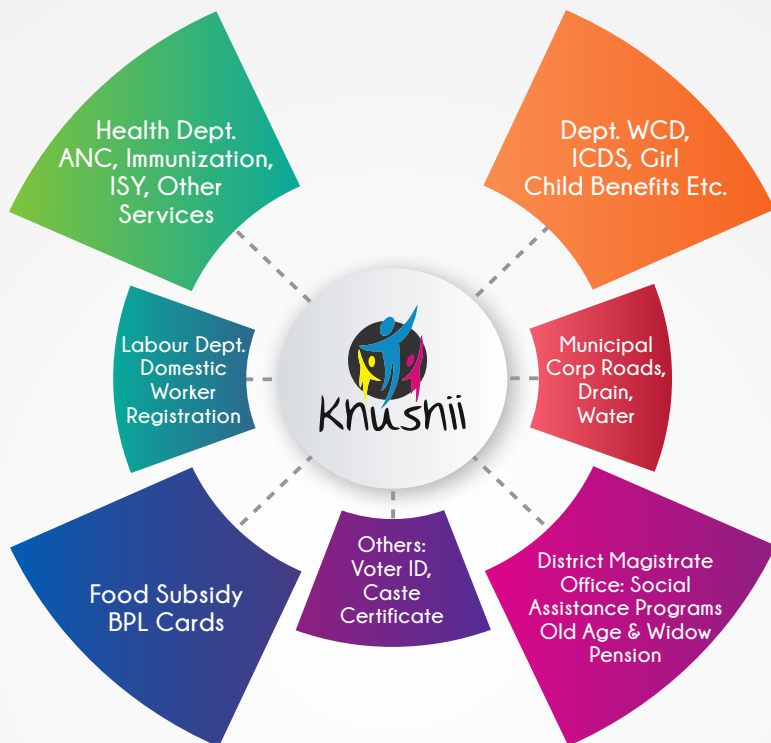
After the **National Achievement Survey (NAS)** found that majority of the students between Class III and Class V in Municipal Corporation schools are not performing adequately in science, mathematics and languages, Delhi Government launched **Mission Buniyaad**. The Program assessed children and divided them into 3 groups based on their learning levels.

It was a three months long programme where the students were assessed and then accordingly nurtured. Team KHUSHII had been actively involved with the programme, where our members worked hand in hand with the programme officials and attended to 3000 students from classes I to V across all our intervention schools. As per Mission Buniyaad's guidelines, we structured our syllabus and mentored our students. This intervention was carried out during summer vacation to improve the learning levels of a child as well as to prepare the child and bring them at par with their fellow classmates.



Shiksha Aur Vikas

Our scope on the Mukundpur programme:



Capacity Building: Linkages with various Government Schemes.

- **Empowerment through Self Help Groups:**

13 new self help groups were formed to encourage small savings and inter loaning. The objective is to alleviate poverty, increase sustainability, reduce vulnerability and improve capacities and overall development leading to a holistic empowerment. They will be facilitated with bank accounts for promoting micro enterprise & income generation.

- **Skill Development:**

Our Skill Development program on General Duty Attendant with its first batch of 25 beneficiaries was launched on 11th June'18. It is structured around the National Operating standards given by HSSC. An HSSC certified trainer takes the trainees ahead with the program via an experiential and participatory approach



Shiksha Aur Vikas

- **Periodic Mega Camps:**

In association with the Delhi Government, various camps were organised with an aim to bring all converging departments on a single platform with the objective of making services easily accessible for the community.

- Facilitation of over 982 Aadhar Cards
- Facilitation of Caste and Income certificates
- Facilitation of Bank accounts with association with Canara Bank

Volunteer Initiative

7th period is a social initiative aimed at decreasing the stigma around Sanitary Napkins and simultaneously reducing the negative attitudes towards the natural process of menstruation for students across Delhi. This initiative was taken up by one of our volunteers, Ananya Maskara from The British School who is fighting the stigma among women about periods and menstrual hygiene. She distributed over 100 Sanitary napkins for a period of two Months to 52 girls in Swatantra Shikshaantra at our Devli School. To pay for these sanitary napkins, Ananya started selling handmade candles. During her sessions, young girls were also forthcoming about their personal challenges with Ananya and benefitted from the sessions held by her on female sanitation, personal hygiene and issues related to menstrual cycle.



Emerging Partnership

ORACLE

KHUSHII is proud to onboard ORACLE and appreciate their Corporate sponsorship under its Complete School Transformation Program, "Shikshaantra Plus" in support of Remedial & Support Education for 2729 beneficiaries.

KHUSHII For Art

#ShopForACause Charity Sale with TOD's Delhi & Mumbai

In addition to fundraising events being held throughout the year, other fundraising activities which the NGO turns to include Child Sponsorship opportunities and initiatives such as **#ShopForACause – Charity Sales** in aid of KHUSHII.

The first charity sale in aid of the NGO was in 2009, hosted by the Italian Luxury Brand TOD's, and they continues to do so. The forthcoming nature of the reputed brand to host #ShopForACause in aid of KHUSHII's charitable endeavours, speaks a thousand words. It not only allows the brand to give back, but more importantly, raises awareness about the importance of giving back and being socially responsible. Every Patron who purchases something during the Charity Sale, has the ability to change the lives of those less fortunate, and at the same time, are able to take home a reminder of what they have contributed and the power of that contribution.



Upcoming

The Ranbir Kaleka Show

Khushii's latest Fundraising initiative : A Summer Night's Dream by Ranbir Kaleka will be held on the 1st & 2nd September at The Bikaner House, New Delhi.

A Solo Show of Eminent Artist, Ranbir Kaleka's magical art - the artist has created 9 exclusive designs which are being depicted in different manners; a classic Canvas, a stunning Lightbox and an interesting installation as another element.

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